

OPTOMETRY OSCE – INTERACTIVE CASE

CASE INFORMATION

Case Name	Presbyopia Management
Case Type	Interactive
Issue	Presbyopia requiring a prescription for progressive glasses
Practice Areas	<i>(primary practice area marked *; other areas are secondary)</i> Communication Patient Centred Care Diagnosis and Planning *Patient Management
Competency(ies)	Select communication style appropriate to situation Establish a shared decision making process with the patient Engage in dialogue with patient to bring about understanding , acceptance and cooperation Formulate a management plan
Objective(s)	1. Explain the diagnosis of presbyopia 2. Explain the treatment options 3.Recommend progressive lenses
Type of Encounter	New patient
Setting	Optometry Clinic

REFERENCES

Mo Jalie, Ophthalmic Lenses and Dispensing (3rd Ed.) 2008 page 169 176-178

CASE SYNOPSIS

This 48 year old patient with successful laser refractive surgery at age 35 is now presbyopic requiring progressive addition lenses.

Instructions to Candidate:

You are an optometrist working in a private clinic.

You have just completed an eye examination for Alison Lee, age 48. She is a new patient to your clinic.

Explain your diagnosis and treatment plan

You have 8 minutes to complete this task.

Equipment and Props Supplied

Summary of Patient Exam Record

Summary of Patient Exam Record

Patient Name	Alison Lee		
Gender	Female		
Age	48		
Occupation	Hospital emergency care nurse		
Hobbies			
Chief Complaint	More difficult seeing fine print. Eyes are tired at end of the day. Having a hard time entering data on the computer and focusing down the hall.		
Additional History	Working 12 hour shifts at the hospital. At night, small print is worse. Likes to do crafts.		
Ocular History	Successful refractive laser surgery at age 35 to treat myopia. Last eye exam was 5 years ago and the optometrist told her at some point to get magnifiers but never got them.		
Medical History	None		
Family History	Parents wear spectacles full time		
Clinical Data			
Current Spectacles	OD	none	6/
	OS	none	6/
	OU		
Unaided Visual Acuity	OD		6/7.5
	OS		6/7.5
Subjective Refraction	OD	+0.00/-0.50x090 Add 2.00	6/6
	OS	-0.25 Add 2.00	6/6
Binocular Vision	Normal		
Colour Vision Ishihara Plates	OD	normal	
	OS	normal	
Tonometry	OD	12 mmHg	
	OS	10 mmHg	
Pupils	PERRLA (-) APD		
Slit Lamp Examination	Unremarkable		
Fundus Examination	Unremarkable		
Diagnosis	Presbyopia		

EXAMINER FORM

You will be evaluated on:

- Your communication skills in the areas of empathy, coherence, verbal expression and non-verbal expression.
- The outcome for the patient; that is, whether the assessor perceives that you have solved the patient problem (Problem Solved), marginally solved the patient problem (Marginal Solved), possibly solved the patient problem (Uncertain), or not solved the patient problem (Unsolved).
- Your performance in the station looking at considerations such as quality, accuracy, thoroughness and risk.

EXAMINER INFORMATION

Examiners receive specific information related to the case and to the global communication assessment to assist them in rating your performance.

SP PROFILE	
Case Name	Presbyopia Management

Standardized Patients (SPs) receive a profile that outlines

- Description of the condition
- Demographics of the patient
- Appearance, behaviour and starting position
- Details of the chief complaint (and any secondary complaints)
- Relevant ocular, medical and social history
- Signs and/or symptoms to portray
- Statements or questions to use at the beginning of the interaction, in response to the candidate, or to prompt the candidate if necessary

SPs may use make-up or other props to present features of the case. In situations where the SP is unable to portray a specific sign or symptom a photograph may be used, or the assessor may provide the information when specific conditions are met.

PROPS AND EQUIPMENT	
Station Door	Instructions for Candidate Summary of Patient Exam Record
Inside Station	Instructions for Candidate Summary of Patient Exam Record Chair for Assessor Chair for Candidate Chair for SP