

Champs de pratique optométrique au Canada – Mars 2026

Tableau 1 – Champs de pratique optométrique au Canada

	AB	BC	MB	NB	NL	NS	ON	PE	QC	SK
Agent pharmacologique diagnostique	Y	Y	Y	Y-Sch 1	Y-Sch 1,2	Y	Y-List	Y	Y	Y-Sch 1
T-cycloplégique	Y	Y	Y	Y-Sch 1	Y-Sch 1,2	Y	Y-List	Y	Y	Y-Sch 1
T-antiallergique	Y	Y	Y	Y-Sch 1	Y-Sch 1,2	Y	Y-List	Y	Y	Y-Sch 1
T-non stéroïdien anti-inflammatoire	Y	Y	Y	Y-Sch 1	Y-Sch 1,2	Y	Y-List	Y	Y	Y-Sch 1
T-anti-infectieux	Y	Y	Y	Y-Sch 1	Y-Sch 1,2	Y	Y-List	Y	Y	Y-Sch 1
T-antibiotique	Y	Y	Y	Y-Sch 1	Y-Sch 1,2	Y	Y-List	Y	Y	Y-Sch 1
T-anti-viral	Y	Y	Y	Y-Sch 1	Y-Sch 1,2	Y	Y-List	Y	Y	Y-Sch 1
T-antifongique	Y	Y	Y	Y-Sch 1	Y-Sch 1,2	Y	Y-List	Y	Y	Y-Sch 1
T-stéroïdien	Y	Y	Y	Y-Sch 1	Y-Sch 1,2	Y-Cat	Y-List	Y	Y	Y-Sch 1
T-glaucome	Y	Y	Y	Y-Sch 1	Y-Sch 1,2	Y-Cat	Y-List	Non	Y	Y
Immunomodulateurs	Y	Y	Y	Y-Sch 1	Y-Sch 1,2	Non	Y-List	Y	Y-Cat	Y-Sch 1
O-antiallergène	Y	Non	Y	Y-Sch 1	Y-Sch 1,2	Non	Non	Non	Y-Sch 2	Y-Sch 1
O-Non stéroïdien anti-inflammatoire Médicaments	Y	Non	Y	Y-Sch 1	Y-Sch 1,2	Non	Non	Non	Y-Sch 2	Y-Sch 1
O-anti-infectieux	Y	Non	Y-Cat	Y-Sch 1	Y-Sch 1,2	Non	Non	Non	Y-Sch 2	Y-Sch 1
O-antibiotique	Y		Y-Cat	Y-Sch 1	Y-Sch	S. O.	Non	Non	Y-List	Y-Sch
O-anti-viral	Y	Non	Non	Y-Sch 1	Y-Sch	S. O.	Non	WA	Y-List	Y-Sch
O-antifongique	Y	Non	Non	Y-Sch 1	Y-Sch 1,2	Y	Non	Non	Y-Sch 2	Y-Sch 1
O-stéroïdien	Y	Non	Non	Y-Sch 1	Y-Sch 1,2	Non	Non	Non	Y	Y-Sch 1

	AB	BC	MB	NB	NL	NS	ON	PE	QC	SK
O-glaucome	Y	Y-Cat	Y-Cat	Y-Sch 2	Y-Sch 1,2	Non	Non	Non	Y	Y
Retrait de corps étranger	Y	Superficiel	Y	Superficiel	Y	Y	Superficiel	Y	Superficiel	Y
Test de laboratoire	Y	Y	Y	Non	Non	Non	Non	Non	Non	Non
Imagerie par ultrason	Y	Épaisseur de la cornée	Non	Non	Y	Non	Non	Non	Épaisseur de la cornée	Épaisseur de la cornée
Dilatation/irrigation	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
Mise en place/retrait de bouchons méatiques	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
Injections	Non	Non	Non	Non	Non	Non	Non	Non	Non	Non
Capsulotomie YAG	Non	Non	Non	Non	Non	Non	Non	Non	Non	Non
Iridectomie périphérique au laser (IPL)	Non	Non	Non	Non	Non	Non	Non	Non	Non	Non
Trabéculoplastie sélective au laser (TSL)	Non	Non	Non	Non	Non	Non	Non	Non	Non	Non
Trabéculoplastie au laser argon (TLA)	Non	Non	Non	Non	Non	Non	Non	Non	Non	Non
Intervention chirurgicale mineure (p. ex. retrait de lésions mineures)	Non	Non	Non	Non	Non	Non	Non	Non	Non	Non

Légende

Cat = Catégorie précise de médicaments

O = Médicament oral (et ordonnance non nécessaire)

Sch 1 = Médicament prévu à l'annexe 1 (ordonnance requise)

Sch 2 = Médicament prévu à l'annexe 2 (offert uniquement depuis une liste)

List = liste précise d'agents

T = Médicament topique

Y = Oui

The National Association of Pharmacy Regulatory Authorities (NAPRA) defines drug schedules* as:

Schedule I Drugs (Prescription) require a prescription for sale and are provided to the public by the pharmacist following the diagnosis and professional intervention of a practitioner. The sale is controlled in a regulated environment as defined by provincial pharmacy legislation.

Schedule II Drugs (Behind the Counter) while less strictly regulated, do require professional intervention from the pharmacist at the point of sale and possibly referral to a practitioner. While a prescription is not required, the drugs are available only from the pharmacist and must be retained within an area of the pharmacy where there is no public access and no opportunity for patient self-selection.

Schedule III Drugs (Pharmacy Only) may present risks to certain populations in self-selection. Although available without a prescription, these drugs are to be sold from the self-selection area of the pharmacy which is operated under the direct supervision of the pharmacist, subject to any local professional discretionary requirements which may increase the degree of control. Such an environment is accessible to the patient and clearly identified as the "professional services area" of the pharmacy. The pharmacist is available, accessible and approachable to assist the patient in making an appropriate self-medication selection.

*See: <https://www.napra.ca/national-drug-schedules/drug-scheduling-in-canada/>

Table 2 – Proposed Scope Modernization

Province	Planned Scope Change
Alberta	Approved in principal and awaiting implementation for injections, minor lid procedures and optometric lasers (SLT, ALT and YAG caps)
British Columbia	N/A
Manitoba	Oral antivirals; increase number of topical glaucoma meds from 2 to 3
New Brunswick	Ordering lab tests and minor procedures (including laser)
Newfoundland Labrador	Lab testing, Injections, Minor Surgical Procedures, LPI, SLT, ALT, YAG
Nova Scotia	LPI, SLT,ALT , minor procedures, Lab testing
Ontario	https://collegeoptom.on.ca/wp-content/uploads/Proposed-Changes-to-Scope-of-Practice-July-2024.pdf
Prince Edward Island	N/A
Quebec	New legislation pending that will put optometry as a "primary eye care profession" and no more lists or categories of medications or treatment; injectables; minor surgeries and laser treatments
Saskatchewan	Lab testing, Injections, Minor Surgical Procedures, LPI, SLT, ALT, YAG